

Based at Parkside Primary School Parkside 5063 12 Robsart Street Ph 8373 4788 m: 0456 813 261 parksideoshc@gmail.com



4-8-year olds

9-13-year olds

Monday Dec 14th

Monday Dec 14th



## **Princess Elizabeth Playground.**

Tuesday Dec 15th

# Gift Quest

Tuesday Dec 15th



Gift making workshop.

Create beautiful gifts for your family and friends for Christmas.



Wednesday Dec 16th





Wednesday Dec 16th

Climb the burning building and put out the fires as you go or use the grips on labyrinth and climb the puzzle.

Thursday Dec 17<sup>th</sup>



SANTA APPROVED



Thursday Dec 17th CHRISTMAS **CRAFTS** 



Friday Dec 18th

Friday Dec 18th





Monday Dec 21st



Adelaide **Aquatic** entre

Monday Dec 21st





Tuesday Dec 22nd





Tuesday Dec 22nd



Wednesday Dec 23rd





Wednesday Dec 23rd





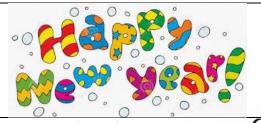
Party lunch & slushies.





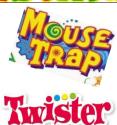
Centre closed 24th December - 6th January





Thursday Jan 7th











Friday Jan 8th

## **Morialta Nature Playground**



















Wednesday Jan 13<sup>th</sup>

10 Pin Bowling at Cross Road Bowling





BOWLING







Thursday Jan 14<sup>th</sup>

Wednesday Jan 13<sup>th</sup>



AROUND







Friday Jan 15<sup>th</sup>

Friday Jan 15<sup>th</sup>

Morning movie at Mitcham, afternoon of water games







Monday Jan 18<sup>th</sup>

Art, cooking, stories, & picnic lunch



Monday Jan 18th





Tuesday Jan 19th



Adelaide **Aquatic** 





Wednesday Jan 20th









Thursday Jan 21st



Friday Jan 22<sup>nd</sup>









Monday Jan 25<sup>th</sup>









The Summer vacation care program is designed around children's requests and a need to ensure they have both structured and unstructured experiences. It has been a challenge to organise, as many venues are not yet accepting group bookings, and those that will seem to accept more than is safe in this current climate.

We have few officially programmed water play days throughout the program as we will be incorporating water play into each day if the children request it and weather permits. To enable your child to participate we ask that they pack a small towel and a change of clothes/bathers in a separate bag on days forecast 30 degrees or above. C1:I've Children will not be permitted to participate in any water activities without a rashie or sunsmart t-shirt.



Please help your child to stay protected from the sun by encouraging your entire family to be SunSmart by following the five Cancer Council recommendations:



1. Slip on sun protective clothing.

Loose fitting, close-weave clothing that covers as much skin as possible (e.g. sleeves, collars and longer shorts and skirts) is the best choice. No singlet tops and thin fabrics that do not block out sunlight.



2. Slop on some sunscreen.

Apply SPF 30+ broad-spectrum, water-resistant sunscreen 15-20 minutes before going outside.

It needs to be reapplied every 2 hours. Remember, sunscreen is only one way of protecting your child's skin from the sun.



3. Slap on a sun protective hat.

Encourage your child to wear a broad brimmed, legionnaire or bucket style hat whenever they go outside. Baseball caps are not recommended as they do not provide enough protection from the sun.



4. Seek shade.

Try to use shade whenever possible. UV radiation can reflect from surfaces such as water, sand and concrete so it is important to wear a hat, appropriate clothing and sunscreen even when in the shade.



5. Slide on some sunglasses.

Choose close fitting, wrap-around sunglasses for your child that cover as much of the eye area as possible. The sunglasses should meet Australian Standard 1067 and preferably be marked EPF (eye protection factor) 9 or 10. Sunglasses that

are sold as toys do not meet Australian Standards and are not recommended.



Thank you for your continued help and support Sunscreen

Please ensure your child has had sunscreen applied as a part of their morning routine.

OSHC has a sunscreen station located by the mirror in the play room.

If your child has an allergy or particular needs regarding sunscreen could you, please supply their own named sunscreen.

## What we are doing and what you will need.

Planned activities	Requirements	Additional information
		We recommend all
Elizabeth Park on South Terrace to celebrate	Water bottle	children wear sports
the first day of the Summer holidays.	Sun smart hat	clothes and sports
A picnic lunch will be provided		shoes
All of the children will spend the day at OSHC	Recess &	Art can be messy,
preparing gifts to give to friends and family	Lunch	please dress
	Water bottle	appropriately
	Sun smart hat	
4-8 yrs. Croc's Indoor Play Cafe excursion	Recess &	We recommend all
•	Lunch	children wear sports
Centre by 230pm		clothes and sports
	Sun smart hat	shoes
•		All children must wear
•		socks
, ,		
,		4-8 yrs.
•		Cooking can be messy,
		please dress
decorate Christmas goodies.	Sun smart hat	appropriately
		9-13yrs. Crafting can
		be messy, please dress
		appropriately
·		
·	Sun Sinart nat	
• • • • • • • • • • • • • • • • • • • •		
	Recess &	Swimming gear,
		goggles, towel, plastic
·		bag for wet swimmers.
, .		4-8 yrs.
,	Lunch	Crafting can be messy,
·		please dress
9-13yrs. Cooking	Sun smart hat	appropriately
Everyone loves a sweet treat at Christmas time,		9-13yrs. Cooking can
today the group will be learning to bake and		be messy, please dress
decorate Christmas goodies.		appropriately
It is Party day for all the children.	Recess	All children are We
We have hired a jumping castle and three	Water bottle	recommend all
other carnival games, as well as a slushy	Sun smart hat	children to wear sports
		·
machine to help make the day so much fun.		clothes and sports
We will be providing a party lunch and a special		shoes
	All of the children will travel to Princess Elizabeth Park on South Terrace to celebrate the first day of the Summer holidays. A picnic lunch will be provided All of the children will spend the day at OSHC preparing gifts to give to friends and family  4-8 yrs. Croc's Indoor Play Cafe excursion Bus will depart at 9:30 am and return to the Centre by 230pm  9-13 yrs. Funtopia Bus will depart at 930am and return to the centre by 2pm. The group have been booked into the wall climbing section 4-8 yrs. Cooking. Everyone loves a sweet treat at Christmas time, today the group will be learning to bake and decorate Christmas Graft. The group have 6 projects to create to help add to the Christmas season Both groups will attend a movie at Mitcham Cinema, the younger children will see 'Dream builders' and the older children will see the remake of Roald Dahl's Witches Depart 9:30am return 1pm The afternoon will be relaxed with opportunity for the children to participate in a range of activities. Both groups will be spending the day at the Adelaide Aquatic Centre. Bus will depart at 10 am and return to the centre by 3pm  4-8 yrs. Christmas Craft. The group have 6 projects to create to help add to the Christmas season 9-13yrs. Cooking Everyone loves a sweet treat at Christmas time, today the group will be learning to bake and decorate Christmas goodies.  It is Party day for all the children. We have hired a jumping castle and three other carnival games, as well as a slushy	All of the children will travel to Princess Elizabeth Park on South Terrace to celebrate the first day of the Summer holidays. A picnic lunch will be provided All of the children will spend the day at OSHC preparing gifts to give to friends and family  4-8 yrs. Croc's Indoor Play Cafe excursion Bus will depart at 9:30 am and return to the Centre by 230pm  9-13 yrs. Funtopia Bus will depart at 930am and return to the centre by 2pm. The group have been booked into the wall climbing section 4-8 yrs. Cooking. Everyone loves a sweet treat at Christmas time, today the group will be learning to bake and decorate Christmas goodies.  9-13yrs. Christmas Craft. The group have 6 projects to create to help add to the Christmas season Both groups will attend a movie at Mitcham Cinema, the younger children will see the remake of Roald Dahl's Witches Depart 9:30am return 1pm The afternoon will be relaxed with opportunity for the children to participate in a range of activities.  Both groups will be spending the day at the Adelaide Aquatic Centre. Bus will depart at 10 am and return to the centre by 3pm  4-8 yrs. Christmas Craft. The group have 6 projects to create to help add to the Christmas season  Both groups will be spending the day at the Adelaide Aquatic Centre. Bus will depart at 10 am and return to the centre by 3pm  4-8 yrs. Christmas Craft. The group have 6 projects to create to help add to the Christmas season  9-13yrs. Cooking Everyone loves a sweet treat at Christmas time, today the group will be learning to bake and decorate Christmas goodies.  It is Party day for all the children. We have hired a jumping castle and three other carnival games, as well as a slushy

Thursday 7 <sup>th</sup> January 2021	A quiet day to get back into the swing of things. The focus will be on sharing our favourite board games and puzzles.	Recess & Lunch Water bottle Sun smart hat	Bring along your favourite board game to play with friends. Please have your name on your game.
Friday 8 <sup>th</sup> Jan	Both groups will travel to Morialta Nature playground for a day of nature play and exploration.	Recess, lunch Water bottle Sun smart hat	We recommend all children to wear sports clothes and sports shoes
Monday 11 <sup>th</sup> Jan	Both groups will spend the morning at the Semaphore water slide complex. The height requirement for using the slide is 110cm, children who are not yet tall enough to ride the slide can use the jumping castle and play mini golf.  The afternoon will be relaxed with opportunity for the children to participate in a range of activities.	Recess & lunch Water bottle Sun smart hat	Swimming gear
Tuesday 12 <sup>th</sup> Jan	4-8yrs Sandcastle competition & beach inspired activities, including art & crafts 9-13yrs This is a first for OSHC, we will have a potter's wheel come to us and our group will learn how to throw a pot.	Recess & lunch Water bottle Sun smart hat	9-13yrs. Please bring a large old shirt to use as an art smock
Wednesday 13 <sup>th</sup> Jan	10 Pin bowling at Zone Bowling Cross roads. Both groups will leave at 930am and return to the centre by 1230pm The afternoon will be relaxed with opportunity for the children to participate in a range of activities.	Recess & lunch Water bottle Sun smart hat	Socks
Thursday 14 <sup>th</sup> Jan	4-8yrs. Celebrate the written works of Dr. Suess with stories, cooking, craft and movies Stories will include The cat in the hat, The Lorax and Green Eggs and Ham  9-13yrs Today's focus will be on bears. The group will use dye to turn a plain white bear into something amazing. There will also be time to design and create an outfit for the bear, model miniature bears using polymer clay and cook teddy bear biscuits.	Recess & lunch Water bottle Sun smart hat	Both groups Crafting can be messy, please dress appropriately
Friday 15 <sup>th</sup> Jan	Both groups will attend a movie at Mitcham Cinema, to see the newly released Dragon Rider movie.  The bus will leave at 930am and return by 1pm During the afternoon, the children will have the opportunity to cool off with water games	Recess, movie snacks & lunch Water bottle Sun smart hat	Water play gear, bathers, towel
Monday 18 <sup>th</sup> Jan	4-8yrs. Celebrate International Winnie the Pooh day with a day of art, craft, cooking, games and a picnic lunch  8-13yrs Sand sculpture & beach inspired activities. A little more challenging than a sand castle, sand sculpture is a unique art form.	Recess & lunch Water bottle Sun smart hat	4-8 yrs. Lunch will be provided

Tuesday 19 <sup>th</sup> Jan	Both groups will be spending the day at the Adelaide Aquatic Centre.	Recess & lunch Water bottle Sun smart hat	Swimming gear, goggles, towel, plastic
	Bus will depart at 10 am and return to the centre by 3pm	Sull Sillart flat	bag for wet swimmers.
Wednesday 20 <sup>th</sup> Jan	4-8yrs Outdoor games. Play some old-time favourites and learn some new games out on the oval. If it is a hot day games will include water games.  9-13yrs. Celebrate over 22 years of Harry Potter with a day of creating and cooking, inspired by the magical world of Hogwarts.	Recess & lunch Water bottle Sun smart hat	4-8 yrs. We recommend all children wear sports clothes and sports shoes. Water play clothes/ swimmers & towel.
			9-13yrs Crafting can be messy, please dress appropriately
Thursday 21 <sup>st</sup> Jan	4-8 yrs. Wacky warehouse indoor play cafe The bus will depart at 11:15am and return by 2:45pm A light lunch will be provided.  9-13yrs Ice skating at Thebarton Ice Arena	Recess & lunch Water bottle Sun smart hat	4-8 yrs. A light lunch will be provided. All children must wear socks.
	The bus will leave at 10am and return to OSHC by 1pm		9-13yrs Warm clothing for the Ice arena
Friday 22 <sup>nd</sup> Jan	Both groups: Summer splash, ride the giant slip and slide, join in a combination of games and activities to celebrate the end of the week.	Recess & lunch Water bottle Sun smart hat	Swimming gear, goggles, towel, plastic bag for wet swimmers.
Monday 25 <sup>th</sup> Jan	Both groups: Get ready to return to school with crafts, games and cooking experiences.	Recess Water bottle Sun smart hat	Lunch provided



# IMPORTANT! PLEASE READ

Daily check list - Every day you will need:
A small backpack or bag
A healthy lunch and recess
A drink bottle
Sun smart hat
Sunscreen applied



It is our aim at Parkside Community OSHC for us all to have a safe, enjoyable time together. To support your child while they are in OSHC please take note of the following information.





We can heat up food at lunch time, it must be placed in the fridge on arrival at the centre. Any food requiring heating must be in a microwave safe container and labelled with your child's name.



We request that sweets be kept to a minimum and strictly no nuts or nut products.

It is essential that all children have their own 600ml or larger drink bottle.





To encourage independence, please print the program and daily information sheet for your child and put it on the fridge or notice board to help them prepare for the day.



#### Children's clothing recommendations

Most of the days during the Summer holidays the children will be participating in active play. We recommend they wear sun protective clothing. C2: read Loose fitting, close-weave clothing that covers as much skin as possible (e.g. sleeves, collars and longer shorts and skirts) is the best choice. No singlet tops and thin fabrics that do not block out sunlight.



The Centre opens at 7:30am and closes at 6pm. We cannot accept children before the opening time and a late fee of \$2 per minute will apply per child after 6pm. If you are running late please ring the centre on 0456 813 261 to notify educators.



Booking forms returned to the Director either in person or by email by Friday 4<sup>th</sup> Dec 2020. Forms returned by this date are more likely to secure the requested days. Bookings made after this date will incur a \$2 per booking late fee. Email: parksideoshc@gmail.com

We cannot accept phone or email bookings without the booking form.

Outstanding accounts must be paid in full before Vacation Care bookings will be accepted.

Please book in early to avoid disappointment, we also request that you do not book days "in case" you need them, only to cancel them at the last moment. In the past this has led to families missing out on much needed care.

Priority will be given to working parents - families requesting respite days will have their days confirmed the week before care.

#### FEES & PAYMENTS

Vacation Care Fee: \$57 per day This fee is inclusive of all incursions.

A \$2, per booking, fee will apply for the following:

- bookings made after 6pm Friday 4<sup>th</sup> December
- bookings made while the program is operating.
- Bookings cancelled during week 9 of the school term

Bookings cancelled once the program has started will be billed as an absence. i.e. full fees will apply.

Please note: If a family has confirmed their child's last day at a service, but that child does not attend their last booked session of care, no Child Care Subsidy will be paid for any days after the child's last physical attendance at the service. C3:it

#### Payments.

Eftpos facilities are available in the OSHC office, unfortunately we cannot take over the phone payments. Direct Deposit – Bank SA BSB: 105 011 Account: 077002140. Please use your child's name as the reference not the invoice number.



Has your child's health or dietary needs changed since we last saw them? Please let us know.

#### COVID-19 Update:

During recent months, Parkside OSHC has made a few changes to routines and procedures to help protect us all against Covid-19. Please take note of the following:

Currently at the time of printing and distributing the Summer Vacation Care Program

- Please do not linger at the service, you may enter the OSHC room to look at the photos of the day's activities, but please keep time spent in the service at a minimum
- While social distancing is no longer enforced in school settings, we are still trying to ensure children and educator safety by providing socially distanced activities and routines. Children are encouraged to use "Zombie arms" when lining up to ensure distance is kept between them and the child in front
- Hand washing procedures ensure children are washing hands thoroughly for the recommended time frame
- Toys are cleaned thoroughly at the end of each day and surfaces are wiped down regularly to help prevent spread of germs and infectious diseases
- If your child has any cold or flu symptoms or you have any health concerns, we request that you please keep them home until symptoms subside

Head Lice: To help prevent the spread of head lice we ask that children with hair that reaches their shoulders please wear it up, and that children are treated immediately upon seeing the lice. C4: all If the lice are identified while your child is in care, you will be requested to collect your child immediately.



Gastroenteritis: Children will need to be excluded for 24 hours after their last symptom of the virus.



#### Medication

On occasions, it is necessary to administer medication to children in vacation care. It is imperative that this practice is carried out accurately and in accordance with licensing regulations.

- •All medication must be delivered in the original bottle and handed to an educator on arrival. Please do not leave medication in your child's bag.
- •Written permission for educators to administer the medication must be given by parents by completing the details on the medication sheet each day.
- •All medication must be prescribed by a medical practitioner and clearly state the medication name, the child's name and the dosage required. This includes over-counter medications, creams and paracetamol.



#### **Asthma**

For children who have been diagnosed as having or being prone to asthma, the centre will request a copy of the child's 'Asthma Action Plan' from their doctor, outlining everyday management and emergency procedures. A new treatment plan will be needed each year.

Educators will have easy and quick access to action plans in case of emergencies. Parents of children with asthma, who are likely to need their medication throughout the day, will need to provide their own prescribed and labelled medication and complete the medication sheet.



For children who have been diagnosed as having an anaphylactic reaction, the centre will request a copy of the child's 'Anaphylaxis Action Plan' from their doctor, outlining everyday management and emergency procedures. A new treatment plan will be needed each year. Educators will have easy and quick access to action plans in case of emergencies. Parents

will need to provide their own prescribed and labelled medication.

### **Summer 2020/21 Vacation Care Booking form**

CODE:

Please return immediately to secure your child's place.

Tease retain ininiediately to secure your chile	. o piace.		
Child's name & age	Child's name & age		
Child's name & age	Child's name & age		
Parent/caregiver name	Contact		
Parent/caregiver name	Contact		
Parent/caregiver name	Contact		
Has any thing changed for your child since they last attended that will help us in their care?			
Special dietary and health needs:			
Christmas:			
During the first two weeks of Vacation care we have programmed Christmas art & craft experiences. We are aware that not all our families observe this celebration so if desired an alternative activity will be provided.			
Please tick one of the following			
My child can participate in Christmas experiences  I would prefer my child be provided with an alternative activity			
1. I give permission for my child to watch G	PG rated movies		
2. I give permission for my child to participate in	n water play.		
<u> </u>	recovery action is undertaken, I will be responsible f the outstanding amount including, but not limited mnity basis, and disbursements.		
<ol> <li>I have read and understood all the informatio program.</li> </ol>	n contained and included with the Vacation Care		
Name: Signature:	Date:		
Dear families, to check if you have read all the above info	rmation, you will find 4 code words within the text.		
The first 3 families to return their booking form with the correct code will win!			

#### Please indicate required bookings by writing the child's name in the corresponding box

#### 4-8 years old

4-8 years old				
Monday 14/12 Princess Elizabeth Playground	Tuesday 15/12 Gift quest	Wednesday 16/12 Croc's play centre	Thursday 17/12 Cooking	Friday 18/12 Movies at Mitcham Cinema
Monday 21/12 Aquatic centre	Tuesday 22/12 Craft	Wednesday 23/12 Party	Thursday 7/1/21 Board games	Friday 8/1 Morialta playground
Monday 11/1 Semaphore waterslide	Tuesday 12/1 Sand castle comp	Wednesday 13/1 Zone Bowling	Thursday 14/1 Dr. Suess day	Friday 15/1 Movies at Mitcham Cinema
Monday 18/1 Winnie the Pooh day	Tuesday 19/1 Aquatic centre	Wednesday 20/1 Outdoor games	Thursday 21/1 Wacky warehouse	Friday 22/1 Summer splash
Monday 25/1 Back to school Activities				
9-13 years old				
Monday 14/12 Princess Elizabeth playground	Tuesday 15/12 Gift quest	Wednesday 16/12 Funtopia	Thursday 17/12 Craft	Friday 18/12 Movies at Mitcham cinema
Monday 21/12 Aquatic centre	Tuesday 22/12 Cooking	Wednesday 23/12 Party	Thursday 7/1/21 Board games	Friday 8/1 Morialta playground
Monday 11/1 Semaphore waterslide	Tuesday 12/1 Pottery	Wednesday 13/1 Zone Bowling	Thursday 14/1 Teddy bear factory	Friday 15/1 Movies at Mitcham Cinema
Monday 18/1 Sand sculpture	Tuesday 19/1 Aquatic centre	Wednesday 20/1 Harry Potter day	Thursday 21/1 Ice arena	Friday 22/1 Summer splash
Monday 25/1 Back to school Activities				

I give permission for my child to participate in the activities advertised in the Summer 2020 /21 program

Name	Signaturo	Date	•
Maille	Signature	Date	